



### Dental Clinic

We have been advised by the Canterbury District Health Board that the school's dental clinic will be decommissioned at the end of term 2 next year. Instead, a van about the size of a large camper-van will occasionally visit the school and this will be used as a mobile clinic where dental therapists will examine your children's teeth. They will not give any fillings. Instead, if your children need to have work done on their teeth, **you** will have to take them over to the 'base clinic which will be located at Hornby Primary School!! I'm not sure how parents feel about this but I think it is rather bizarre that parents will be expected to take time off work to take their children over to the Hornby school dental clinic!! This 'base clinic' will service most schools over this side of Christchurch up to and including Breens Intermediate!! I will be interested in your views!

### Congratulations:

We have already advised you that a student from our school, Etienne Wain, won the prestigious 'Somes Scholarship' at Christ's College. These scholarships are highly competed for, particularly amongst students from private schools, but Etienne, a talented young man from Avonhead School, has earned a scholarship. Simon Leese, the Headmaster of Christ's College has said in a letter to me that 'Etienne is a wonderful candidate and that he is delighted that Etienne is going to Christ's College.' This scholarship is tenable for five years. Congratulations to Etienne. We are proud of you and pleased to think that our students are 'up there with the winners' when it comes to academic performance.



### Book promotion:

I don't normally promote books in this section of the newsletter but a friend is helping to promote a worthwhile NZ book written by Leigh Elder called 'Eat for Keeps'. This book has been written by Leigh for many reasons but the real motivation is his concern for the number of people developing diabetes because of being over-weight. 'Eat for Keeps' is a simple and practical guide to achieving permanent and healthy weight loss. The cost of the book is \$25.00 and we have a sample book in the office that you can look at before ordering. The school will also get a small commission for selling the book. Orders by next Friday please.

### Cantamaths:

Our Year 7 and Year 8 teams are entered in the annual Cantamaths team competitions that will be held in the Town Hall on Wednesday, 12<sup>th</sup> August. This is an exciting event where a team of four selected children at each level compete against all other schools in Christchurch for the prestigious 'CantaMaths' award. Sue Rose and the Year 7/8 teachers have been preparing our teams and Sue reports that our teams should have a good competitive chance in this event. Good luck to our Year Y7 team and our Y8 team on Wednesday night:

Year 8 team: **Sam Johnson, Etienne Wain, Mutsumi Fujiwara & Annie Liu.**

Year 7 team: **Jacob Reese-Jones, Geeny Moon, Lisa Zhang & Akane Matsumoto.**

# The Avonhead Spotlight falls on...



Our gym champs Akane, Elisa & Ellen. Akane & Ellen recently competed in the Auckland Champs and both came 4<sup>th</sup> in their levels. Congratulations girls! Elisa came 1<sup>st</sup> in her level in the Otago Champs recently and 1<sup>st</sup> in Freehand in the Primary Schools Comps.

Well done Akane, Elisa & Ellen.

Congratulations to the teams who won their Grades at the NW Zones on Monday the 10<sup>th</sup>. Senior Netball A & B, Senior Rugby & Senior Soccer.

Senior Netball A, Senior Rugby & Senior Soccer will now represent their zone at the Championships at South Hagley Park on Thursday 3 September.

We wish them well for their competition.



## Caretaker's Corner - Jim's Tips

### Spanish Hot Chocolate with Spices

Serve in the morning or afternoon as a reviving snack. The Spanish would serve with churros for dunking. Croissants work well too. Bring a kick to it for adults by adding a shot of Kahlua or Amaretto.

1 Cup Cream  
225g dark choc, rough chopped  
650ml milk  
1 tsp gr Cinnamon  
¼ tsp nutmeg

Pour cream into a small pot and bring to the boiling point. Remove from heat and add chocolate. Whisk well till choc is melted and smooth. Pour milk into a second pot and bring to just below boiling point.

Remove pot from heat, add 350ml of the choc mix and whisk until smooth. Into a small bowl, place cinnamon & nutmeg & stir well. Add 1 tsp of these spices to the hot choc and whisk. Transfer to a heated jug or old fashioned drinking choc pot. Pour into cups & serve hot.



## Term Diary

# Celebrations

<b>12/13</b>	Canta Maths Newcomers Lunch 13th Junior Reading Info Meeting 3.15 on the 12th
<b>17</b>	Music Fest Rehearsal in Town Hall International Languages Week
<b>18</b>	NSW Maths test
<b>19</b>	Museum trip Rs 6, 7 Room 21 begins
<b>20</b>	Ski trip seniors, Rs 15-19 Museum trip R 8,9 Adult Social English Shared Lunch
<b>21</b>	Otago Problem Solving Museum trip R 10
<b>27</b>	PTA Meeting Willowbank for Juniors
<b>Sept 3</b>	Central Winter Tournament Science Alive in R 6 Willowbank visit for Juniors PTA Mens Night
<b>4</b>	Sausage Sizzle Science Alive R 7-10
<b>8</b>	Army Band Rs 6-14
<b>10</b>	Museum visit whole day team 5/6 PTA Women's Night
<b>16</b>	School Photos
<b>24</b>	PTA Meeting
<b>25</b>	<b>Last Day of Term</b>

☺ **Yihan Chen**, R 13, competed in the Competitions during the holidays and won a first prize for piano. Yihan is sitting grade 3 soon. Congratulations Yihan!

### **Congratulations to all the following people who are representing Canterbury in their chosen sports;**

☺ **Bridget Richardson** has been appointed Vice Captain of the Canterbury Metro Betball B Team.

☺  
**Cleve Thornalley** has been selected to the under 48 kg Canterbury Metro rugby team to play in Dunedin. Well done Cleve!

☺ **Dylan Chadwick**, Rm 17; Dylan's Canterbury Black soccer team came 3<sup>rd</sup> in the Japan Cup in Ashburton.

☺ **Hayden Webber**, Rm 16, and **Sean Forster**, Rm 18 made the Canterbury Metro Under 65kg Rugby team recently.

**Matthew Boniface**, R 15, auditioned for the Rep Theatre production of The Secret Garden recently and was successful in scoring the role of Colin! Look forward to catching you in the show Matthew!

## Notices

**Cricket..School Holiday Coaching..**Canterbury Cricket will be running a Pre Season Holiday Cricket Coaching Clinic during the Sept & Oct school holidays. The sessions will be at Hagley Park. To obtain further info or a reg form please call Canterbury Cricket on 366 3003, ask for Mike or Vicki.

**ImpactAlpha Gymsports have vacancies in term 3 in our trampoline, gymnastics and cheerleading programmes. For further information please phone 338 4566 or email**

[impactalphagymsports@xtra.co.nz](mailto:impactalphagymsports@xtra.co.nz)

# PTA Corner

## EASY SHOPPING FOR YOU – EASY FUNDRAISING FOR US

Leading stores including Noel Leeming, Bond & Bond, Dominos Pizza, Dell and many more. You can shop for DVD's, fashion, holidays, baby, home, iPods, books, magazines, toys, gifts, electrical and even your groceries! Just select Avonhead School when you shop or browse online at [www.yourfastshop.co.nz](http://www.yourfastshop.co.nz)



### Special General Meeting.

A Special General Meeting for the Avonhead School PTA is being held on the 27th August 2009.  
Meeting time is 7.15pm in the school staffroom.

This is for the purpose of voiding our current constitution and adopting a new one. A copy of this document will be available for anyone interested from this week at the school office or through request at [pta@avonhead.school.co.nz](mailto:pta@avonhead.school.co.nz).



Remember the PTA has a large range of **resource books** for parents to access...please check them out in the Library as there is something for everyone.



Avonhead School has just signed up with the "**Tram and Gondola Annual Pass**" **Community Support Programme**. This means that for every Annual Pass that is purchased, Avonhead School is donated 10% of the total cost; you just need to mention Avonhead School as your preferred organisation when you sign up. Annual Pass holders get to enjoy UNLIMITED rides on the Tram and Gondola for a WHOLE YEAR. A good way to entertain the kids during the holidays. The passes cost from Adult @ \$45.00, Child @ \$22.00 and Family (2a + 3c) @ \$99.00. Card-holders also receive 10% off purchases in their retail stores, discounts at Gondola Cafe & Restaurant and 10% off Punting on the Avon. There are brochures in the School office for further information or you can visit the website [www.gondola.co.nz](http://www.gondola.co.nz) or visit either the Tram or Gondola stores and talk to them when you purchase your next ticket. This is a great opportunity for the Community and the School.

**Arion Riding Centre at McLeans Island is offering Avonhead School students a special rate on riding lessons.** All our students begin with a private lesson until they are competent to join a group:

#### Private Lesson

½ hr - \$30.00;  
¾ hr - \$40.00;  
1 hr - \$50.00

#### Semi Private (2 riders)

1 hr - \$30.00 each

#### Group Lessons (3 or more riders)

1 hr - \$25.00 each  
1½ hr - \$35.00 each



We have many ponies which are suitable for children riders and beginners. Our tutor is Elaine Rutherford who is an NZQA qualified Grade I Riding Coach who brings professionalism and a wealth of experience to Arion Riding Centre. Safety is a priority which is why we start new clients with a private lesson. All equipment is provided and is regularly maintained to the highest standard. Our facilities are excellent with all-weather fenced arenas for tuition. We also have riding treks through the forest for those who wish to have a more relaxed riding experience. Please contact Elaine for more information or to book a riding lesson on **360 2192**.

**Casual Data Entry Operator wanted-** Must have excellent numeric data entry skills and a high level of accuracy. If you wish to work your own hours and work from home (all equipment supplied), please contact [karen.walker@canterbury.ac.nz](mailto:karen.walker@canterbury.ac.nz) or phone 3642143.

**Olympia Gymnastic Sports Inc (Tower Junction)**..is offering a special this term...a voucher for a **FREE** recreation session. Please apply to the school office for a voucher if you are keen on taking this offer up.